### **Appendix A: Exemptions Available**

safety.

Require	ement	Required Without Exemption?
•	) Elementary program, grades 1-6. The following areas shall be taught in grades one through six: English-language ocial studies, mathematics, science, health, human growth and development, physical education, traffic safety,	Districts: Yes.
music,	and visual art. Computer science instruction incorporating the standards established under rule 281-12.11 (256)	Nonpublics: Ye
	e offered in at least one grade level commencing with the school year beginning July 1. 2023.	
a.		
	speaking; listening; reading; writing; viewing; and visual expression and nonverbal communication. Instruction shall incorporate language learning and creative, logical, and critical thinking. The following shall be taught: oral and	
	written composition; communication processes and skills including handwriting and spelling; literature; creative	
	dramatics; and reading.	
b.	Social Studies. Social studies instruction shall include citizenship education, history, and social sciences.	
	Democratic beliefs and values, problem solving skills, and social and political participation skills shall be	
	incorporated. Instructional shall encompass geography, history of the United States and Iowa, and cultures of other	
	peoples and nations. American citizenship, including the study of national, state, and local government; and the	
	awareness of the physical, social, emotional and mental self shall be infused in the instructional program.	
C.	Mathematics. Mathematics instruction shall include number sense and numeration; concepts and computational skills with whole numbers, fractions, mixed numbers and decimals; estimation and mental arithmetic; geometry;	
	measurement; statics and probability; and patterns and relationships. This content shall be taught through an	
	emphasis on mathematical problem solving, reasoning and applications; language and symbolism to communicate	
	mathematical ideas; and connections among mathematical topics and between mathematics and other disciplines.	
	Calculations and computers shall be used in concept development and problem solving.	
d.	Science. Science instruction shall include life, earth, and physical science and shall incorporate hands-on process	
	skills; scientific knowledge; application of the skills and knowledge to students and society; conservation of natural	
	resources; and environmental awareness.	
e.	Health. Health instruction shall include personal health; food and nutrition; environmental health; safety and survival skills; consumer health; family life; substance abuse and nonuse, encompassing the effects of alcohol, tobacco,	
	drugs, and poisons on the human body; human sexuality, self-esteem, stress management, and interpersonal	
	relationships; emotional and social health; health resources; and prevention and control of disease,, and the	
	characteristics of communicable diseases, including acquired immune deficiency syndrome.	
f.	Physical education. Physical education instruction shall include movement experiences and body mechanics; fitness	
	activities; rhythmic activities; stunts and tumbling; simple games and relays; sports skills and activities; and water	
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<ul> <li>g. Traffic Safety. Traffic safety instruction shall include pedestrian safety; bicycle safety; auto passenger safety; school bus passenger safety; seat belt use; substance education; and the application of legal responsibility and risk management to these concepts.</li> <li>h. Music. Music instruction shall include skills, knowledge, and attitudes and shall include singing and playing music; listening to and using music; reading and writing music; recognizing the value of the world's musical heritage; respecting individual musical heritage; aspirations and values; and preparing for consuming, performing, or composing.</li> <li>i. Visual art. Visual art instruction shall include perceiving, comprehending, and evaluating the visual world; viewing and understanding the visual arts; developing and communicating imaginative and inventive ideas; and making art.</li> </ul>	
<ul> <li>12.5(4) Junior high program, grades 7 and 8. The following areas shall be taught in grades 7 and 8: English-language arts, social studies, mathematics, science, health, human growth and development, physical education, music, and visual art, family and consumer education, career education, and technology education. Instruction in the following areas shall include the contributions and perspectives of persons with disabilities, both men and women, and persons from diverse racial and ethnic groups, and shall be designed to eliminate career and employment stereotypes. Computer science instruction incorporating the standards established under rule 281-12.11 (256) shall be offered in at least one grade level commencing with the school year beginning July 1. 2023.</li> <li>In implementing the junior high program standards, the following general curriculum definitions shall be used.</li> <li>a. English-language arts. Same definition as 12.5(3) with the exclusion of handwriting.</li> <li>b. Social studies. Social studies instruction shall include citizenship education, history and social sciences.</li> <li>Democratic beliefs and values, problem-solving skills, and social and political participation skills shall be incorporated. Instruction shall encompass history, economics, geography, government including American citizenship, behavioral sciences, and the cultures of other peoples and nations. Strategies for continued development of positive self-perceptions shall be infused.</li> <li>c. Mathematics. Mathematics instruction shall include number and number relationships including ratio, proportion, and percent; number systems and number theory; estimation and computation; geometry; measurement; statistics and probability; and algebraic concepts of variables, patterns, and functions. This content shall be taught through an emphasis on mathematical index; and connections among mathematical topics and between mathematics and other disciplines. Calculators and computers shall be used in concept development and pro</li></ul>	Districts: Yes.  Nonpublics: Yes but paragraphs j, and k do not apply.

and the characteristics of communicable diseases, including sexually transmitted diseases and acquired immune

deficiency syndrome.

- f. Physical Education. Physical education shall include the physical fitness activities that increase cardiovascular endurance, muscular strength, and flexibility; sports and games; tumbling and gymnastics; rhythms and dance; water safety; leisure and lifetime activities.
- g. Music. Same definition as in 12.5(3)"h" with the addition of using music as an avocation or vocation.
- h. Visual art. Same definition as in 12.5(3)"i" with the addition of using visual arts as an avocation or vocation.
- i. Family and consumer education. Family and consumer education instruction shall include the development of positive self-concept, understanding personal growth and development and relationships with peers and family members in the home, school and community, including men, women, minorities and persons with disabilities. Subject matter emphasizes the home and family, including parenting, child development, textiles and clothing, consumer and resource management, foods and nutrition, housing, and family and individual health. This subrule shall not apply to nonpublic schools.
- *j. Career education.* Career education instruction shall include exploration of employment opportunities, experiences in career decision making, and experiences to help students integrate work values and work skills into their lives. This subrule shall not apply to nonpublic schools. However, nonpublic schools shall comply with subrule 12.5(7).
- k. Technology education. Technology education instruction shall include awareness of technology and its impact on society and the environment; furthering students' career development by contributing to their scientific principles, technical information and skills to solve problems related to an advanced technological society; and orienting students to technologies which impact occupations in all six of the required service areas. The purpose of this instruction is to help students become technologically literate and become equipped with the necessary skills to cope with, live in, work in, and contribute to a highly technological society. This subrule shall not apply to nonpublic schools.
- I. Secondary credit.
  - (1) An individual pupil in a grade that precedes ninth grade may take a course for secondary credit if all of the following are true:
    - 1. The pupil satisfactorily completes the course.
    - 2. The course is taught by a teacher licensed by the lowa board of educational examiners for grades 9 through 12 and endorsed in the subject area.
    - 3. The course meets all components listed in subrule 12.5(5) for the specific curricular area.
    - 4. The board of the school district or the authorities in charge of the nonpublic school have developed enrollment criteria that a student must meet to be enrolled in the course.

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(2) If a student meets the requirement of subparagraph 12.5(4) "I"(1), the school district or accredited nonpublic school of enrollment shall issue high school credit for the unit to the student unless the student is unable to demonstrate proficiency or the school district or accredited nonpublic school determines that the course unit completed by the student does not meet the school district's or accredited nonpublic school's standards, as appropriate. If a student is denied credit under this paragraph, the school district or accredited nonpublic school denying credit shall provide to the student's parent or guardian in writing the reason for the denial. If credit is awarded under this paragraph, the credit must apply toward graduation requirements of the district or accredited nonpublic school.	
12.5(5) High school program, grades 9-12. In grades 9 through 12, a unit is a course or equivalent related components or partial united taught throughout the academic year as defined in subrule 12.5(14). The following shall be offered and taught as the minimum program: English-language arts, six units; social studies, five units; mathematics, six units as specified in 12.5(5)"c"; science, five units; health, one unit; physical education, one unit; fine arts, three units; world language, four units; and vocational education, 12 united as specified in 12.5(5)"i." Beginning with the 2010-2011 school year graduating class, all students in schools and school districts shall satisfactorily complete at least four units of English-language arts, three units of mathematics, three units of science, three units of social studies, and one full unit of physical education as conditions of graduation. The three units of social studies may include the existing graduation requirements of one-half unit of United States government and one unit of United States history.  In implementing the high school program standards, the following curriculum standards shall be used.	Districts: Yes, but paragraph j does not apply:  Nonpublics: Yes, but paragraph I does not apply:
<ul> <li>a. English language arts (six units). English language arts instruction shall include the following communication processes: speaking; listening; reading; writing; viewing; and visual expression and nonverbal communication. Instruction shall incorporate language learning and creative, logical, and critical thinking. The program shall encompass communication processes and skills; written composition; speech; debate; American, English, and world literature; creative dramatics; and journalism.</li> <li>b. Social studies (five units). Social studies instruction shall include citizenship education, history, and the social sciences. Instruction shall encompass the history of the United States and the history and cultures of other peoples and nations including the analysis of persons, events, issues, and historical evidence reflecting time, change, and cause and effect. Instruction in United States government shall include an overview of American government through the study of the United State Constitution, the bill of rights, the federal system of government, and the structure and relationship between the national, state, county, and local governments; and voter education including instruction in statutes and procedures, voter registration requirements, the use of paper ballots and voting machines in the election process, and the method of acquiring and casting an absentee ballot. Students' knowledge of the Constitution and the bill of rights shall be assessed. Economics shall include comparative and consumer studies in relation to the market and command economic systems. Geography shall include the earth's physical and cultural features, their special arrangements and interrelationships, and the forces that affect them. Sociology, psychology, and anthropology shall include the scientific study of the individual and</li> </ul>	

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group behavior(s) reflecting the impact of these behaviors on persons, groups, society, and the major institutions in a society. Democratic beliefs and values, problem-solving skills, and social and political skills shall be incorporated. All students in grades nine through twelve must, as a condition of graduation, complete a minimum of one-half unit of United States government and one unit of United States history and receive instruction in the government of lowa.

A student may be excused by the principal of the school in which the student is enrolled, in consultation with the student's counselor, for up to one semester, trimester, or the equivalent of a semester or trimester, per year if the parent or guardian of the student requests in writing that the student be excused from physical education requirement. The student seeking to be excused from the physical education requirement must, t some time during the period for which the excuse is sought, be a participant in an organized and supervised athletic program which requires at least as much time of participation per week as one-eighth unit of physical education. The student's parent or guardian must request the excuse in writing. The principal shall inform the superintendent that the student has been excused.

- c. Mathematica (6 units). Mathematics instruction shall include:
- (1) Four sequential units which are preparatory to postsecondary educational programs. These units shall include strands in algebra, geometry, trigonometry, statistics, probability, and discrete mathematics Mathematical concepts, operations, and applications shall be included for each of these strands. These strands shall be taught through an emphasis on mathematical problem solving, reasoning, and structure; language and symbolism to communicate mathematical ideas; and connections among mathematical topics and between mathematics and other disciplines. Calculators and computers shall be used in concept development and problem solving.

  (2) Two additional units shall be taught. These additional units may include mathematical content as identified in, but not limited to, paragraphs 12.5(3)"c," 12.5(4)"c," and 12.5(5)"c"(1). These units are to accommodate the locally identified needs of the students in the school or school district. This content shall be taught through an emphasis on mathematical problem solving, reasoning, and structure; language and symbolism to communicate mathematical ideas; and connections among mathematical topics and between mathematics and other disciplines. Calculators and computers shall be used in concept development and problem solving.
- d. Science (five units). Science instruction shall include biological, earth, and physical science, including physics and chemistry. Full units of chemistry and physics shall be taught but may be offered in alternate years. All science instruction shall incorporate hand-on process skills; scientific knowledge; the application of the skills and knowledge to students and society; conservation of natural resources; and environmental awareness.
- e. Health (one unit). Health instruction shall include personal health; food and nutrition; environmental health; safety and survival skills; consumer health; family life; human growth and development; substance abuse and nonuse; emotional and social health; health resources; and prevention and control of disease, including sexually

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transmitted diseases and acquired immune deficiency syndrome, current crucial health issues, human sexuality, self-esteem, stress management, and interpersonal relationships.

f. Physical Education (one unit): Physical education shall include the physical fitness activities that increase cardiovascular endurance, muscular strength and flexibility; sports and games; tumbling and gymnastics; rhythms and dance; water safety; leisure and lifetime activities.

All physically able students shall be required to participate in the program for a minimum of one-eighth unit during each semester they are enrolled except as otherwise provided in this paragraph. A twelfth-grade student may be excused from this requirement by the principal of the school in which the student is enrolled under one of the following circumstances:

- (1) The student is enrolled in a cooperative, work-study, or other educational program authorized by the school which requires the student's absence from the school premises during the school day.
- (2) The student is enrolled in academic course not otherwise available.
- (3) An organized and supervised athletic program which requires at least as much time of participation per week as one-eighth unit of physical education

Students in grades nine through eleven may be excused from the physical education requirement in order to enroll in academic courses not otherwise available to the student if the board of directors of the school district in which the school is located, or the authorities in charge of the school, if the school is a nonpublic school, determine that students from the school may be permitted to be excused from the physical education requirement.

A student may be excused by the principal of the school in which the student is enrolled, in consultation with the student's counselor, for up to one semester, trimester, or the equivalent of a semester or trimester, per year if the parent or guardian of the student requests in writing that the student be excused from the physical education requirement. The student seeking to be excused from the physical education requirement must, at some time during the period for which the excuse is sought, be a participant in an organized and supervised athletic program which requires at least as much time of participation per week as one-eighth unit of physical education.

The students' parent or guardian must request the excuse in writing. The principal shall inform the superintendent that the student has been excused.

- g. Fine arts (three unit). Fine arts instruction shall include at least two of the following:
  - (1) Dance. Dance instruction shall encompass developing basic movement skills; elementary movement concepts; study of dance forms and dance heritage; participating in dance; and evaluating dance as a creative art; and using dance as an avocation or vocation.

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- (2) Music. Music instruction shall include skills, knowledge, and attitudes and the singing and playing of music; listening to and using music; reading and writing music; recognizing the value of the world's musical heritage; respecting individual musical aspirations and values; preparing for consuming, performing, or composing; and using music as an avocation or vocation.
- (3) Theatre. Theatre instruction shall encompass developing the internal and external resources used in the theatre process; creating theatre through artistic collaboration; relating theatre to its social context; forming aesthetic judgements; and using theatre as an avocation or vocation.
- (4) Visual art. Visual art instruction shall include developing concept and values about natural and created environments; critiquing works of art; evaluating relationships between art and societies; analyzing, abstracting, and synthesizing visual forms to express ideas; making art; and using visual art as an avocation or vocation.
- h. World language (four units). The world language program shall be a four-unit sequence of uninterrupted study in at least one language, which may include American Sign Language. World language instruction shall include listening comprehension appropriate to the level of instruction; rateable oral proficiency; reading comprehension appropriate to the level of instruction; writing proficiency appropriate to the level of instruction; and cultural awareness.
  - All high schools shall offer and teach the first two units of the sequence. The third and fourth units must be offered. However, the department of education may, on an annual basis, waive the third and fourth unit requirements upon the request of the board. The board must document that a licensed/certified teacher was employed and assigned a schedule that would have allowed students to enroll, that the class was properly scheduled, that students were aware of the course offerings, and that no students enrolled.
- i. Vocational education school districts (three units each in at least four of six service areas). A minimum of three sequential units, of which only one ay be a core unit, shall be taught in four of the following six service areas; agriculture education, business and office education, health occupations education, home economics education, industrial education, and marketing education. The instruction shall be competency-based; shall provide a base of knowledge which will prepare students for entry level employment, additional on-the-job training, an postsecondary education within their chosen field; shall be articulated with postsecondary programs of study, including apprenticeship programs; shall reinforce basic academic skills; shall include the contributions ad perspectives of persons with disabilities, both men and women, and persons from diverse racial and ethnic groups. Vocational core courses may be used in more than one vocational service area. Multioccupationals may be used to complete a sequence in more than one vocational service area; however, a core course(s) and multioccupations cannot be used in the same sequence. If a district elects to use multioccupations to meet the requirements in more than one service area, documentation must be provided to indicate that a sufficient variety of quality training stations be available to allow students to develop occupational competencies.

A district may apply for a waiver if an innovative plan for meeting the instructional requirement for the standard is submitted to and approved by the director of the department of education.

The instructional programs also shall comply with the provisions of Iowa Code chapter 258 relating to vocational education. Advisory committee/councils designed to assist vocational education planning and evaluation shall be composed of public members with emphasis on persons representing business agriculture, industry, and labor. The membership of the local advisory committee/counsel's will fairly represent each gender and minority residing in the school district. The accreditation status of the school district failing to comply with the provisions of this subrule shall be governed by 281-subrule 46.7(10), paragraph "g."

- (1) A service area is the broad category of instruction in the following occupational cluster areas (definitions are those used in these rules):
- (2) "Agricultural education programs" prepare individuals for employment in agriculture-related occupations. Such programs encompass the study of applied sciences and business management principles, as they relate to agriculture. Agricultural education focuses on, but is not limited to, study of horticulture, forestry, conservation, natural resources, agricultural products and processing, production of food and fiber, aquaculture and other agricultural products, mechanics, sales and service, economics marketing, and leadership development.
- (3) "Business and office education programs" prepare individuals for employment in varied occupations involving such activities as planning, organizing, directing, and controlling all business office systems and procedures. Instruction offered includes such activities as preparing, transcribing, systematizing, preserving communications; analyzing financial records; receiving and disbursing money gathering, processing and distributing information; and performing other business and office duties.
- (4) "Health occupations education programs" prepare individuals for employment in a variety of occupations concerned with providing care in the areas of wellness, prevention of disease, diagnosis, treatment, and rehabilitation. Instruction offered encompasses varied activities in such areas as dental science, medical science, diagnostic services, treatment therapy, patient care areas, rehabilitation services, record keeping, emergency care, and health education. Many occupations in this category require licensing or credentialing to practice or to use a specific title.
- (5) Home economics occupations programs" encompass two categories of instructional programs;
  - 1. "Consumer and family science" programs may be taught to prepare individuals for a multiple role of homemaker and wage earner and may include such content areas as food and nutrition; consumer education; family living and parenthood; child development and guidance; family and individual health; housing and home management; and clothing and textiles.
  - 2. "Home economics occupations programs" prepare individuals for paid employment in such home economics-related occupations as child card aide/assistant, food production management and services, and homemaker/home health aide.

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- (6) "Industrial education programs' encompass two categories of instructional programs industrial technology and trade and industrial. Industrial technology means an applied discipline designed to promote technological literacy which provides knowledge and understanding of the impact of technology including its organizations, techniques, tools, and skills to solve practical problems and extend human capabilities in areas such as construction, manufacturing, communication, transportation, power and energy. Trade and industrial programs prepare individuals for employment in such areas as protective services, construction trades, mechanics and repairers, precision production, transportation, and graphic communications. Instruction includes regular systematic classroom activities, followed by experiential learning with the most important processes, tools, machines, management ideas, and impacts of technology.
- (7) "Marketing education programs" prepare individuals for marketing occupations, including merchandising and management those activities which make products and services readily available to consumers and business. Instruction stresses the concept that marketing is the bridge between production (including the creation of services and ideas) and consumption.
- (8) "Sequential unit" applies to an integrated offering, directly related to the educational and occupational skills preparation of individuals for jobs and preparation for postsecondary education. Sequential units provide a logical framework for the instruction offered in a related occupational area and do not require prerequisites for enrollment. A unite is defined in subrule 12.5(18).
- (9) "Competency is a learned student performance statement which can be accurately repeated and measured. Instruction is based on incumbent worker-validated statements of learner results (competencies) which clearly describe what skills the student will be able to demonstrate as a result of the instruction. Competencies function as the basis for building the instructional program to be offered. Teacher evaluation of students, based upon their ability to perform the competencies, is an integral part of a competency-based system.
- (10) "Minimum competency lists" contain competencies validated by statewide technical committees, composed of representatives from appropriate businesses, industries, agriculture, and organized labor. These lists contain essential competencies which lead to entry level employment and are not intended to be the only competencies learned. Districts will choose one set of competencies per service area upon which to build their program or follow the process detailed in 281-subrule 46.7(2) to develop local competencies.

- (11) "Clinical experience" involves direct instructor supervision in the actual workplace, so that the learner has the opportunity to apply theory and to perfect skills taught in the classroom and laboratory.
  - "Field training" is an applied learning experience in a nonclassroom environment under the supervision of an instructor.
  - "Lab training" is experimentation, practice or simulation by students under the supervision of an instructor.
  - "On-the-job" is a cooperative work experience planned and supervised by a teacher-coordinator and the supervisor in the employment setting
- (12) "Coring" is an instructional design whereby competencies common to two or more different vocational service areas are taught as one course offering. Courses shall be no longer than one unit of instruction. Course(s), may be placed wherever appropriate within the program offered. This offering may be acceptable as a unit or partial unit in more than one vocational program to meet the standard.
- (13) "Articulation" is the process of mutually agreeing upon competencies and performance levels transferable between institutions and programs for advanced placement or credit in a vocational program. An articulation agreement is the written document which explains the decisions agreed upon and the process used by the institution to grant advanced placement or credit.
- (14) "Multioccupational courses" combine on-the-job training in any of the occupational areas with the related classroom instruction. The instructor provides the related classroom instruction and coordinates the training with the employer at the work site. A multioccupational course may only be used to complete a sequence in more than one vocational service area if competencies from the appropriate set of minimum competencies are a part of the related instruction.
- j. Vocational education/nonpublic schools (five units). A nonpublic school which provides an educational program that includes grades 9-12 shall offer and teach five units of occupational education subjects, which may include, but are not limited to, programs, services, and activities which prepare students for employment in business of office occupations, trade and industrial occupations, consumer and family sciences or home economics occupations, agricultural occupations, marketing occupations, and health occupations. By July 1, 1993, instruction shall be competency-based, articulated with postsecondary programs of study, and may include field, laboratory, or on-the-job training.
- k. Personal finance literacy (one-half unit). All students shall complete at least one-half unit of personal finance literacy as a condition of graduation.
  - (1) The curriculum shall, at a minimum, address the following:
    - 1. Savings, including emergency fund, purchases, and wealth-building

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- 2. Understanding investments, including compound and simple interest, liquidity, diversification, risk-return ratio, certificates of deposit, money market accounts, single stocks, bonds, mutual funds, rental real estate, annuities, commodities, and futures.
- 3. Wealth-building and college planning, including long-term and short-term investing using tax-favored plans, individual retirement accounts and payments from such accounts, employer-sponsored retirement plans and investments, public and private educational savings accounts, and uniform gifts and transfers to minors.
- 4. Credit and debt, including credit cards, payday lending, rent-to-own transactions, debt consolidation, automobile leasing, cosigning a loan, debt avoidance, and the marketing of debt, especially to young people.
- 5. Consumer awareness of the power of marketing on buying decisions including 0 percent interest offers; marketing methods, including product positioning, advertising, brand recognition, and personal selling; how to read a credit report and correct inaccuracies; how to build a credit score; how to develop a plan to deal with creditors and avoid bankruptcy and the federal Fair Debt Collection Practices Act.
- 6. Financial responsibility and money management, including creating and living on a written budget and balancing a checkbook; basic rules of successful negotiating and techniques; and personality or other traits regarding money.
- 7. Insurance, risk management, income, and career decisions, including career choices that fit personality styles and occupational goals, job search strategies, cover letters, resumes, interview techniques, payroll taxes and other income withholdings, and revenue sources for federal, state, and local governments.
- 8. Different types of insurance coverage including renters, homeowners, automobile, health, disability, longerm care, identity theft, and life insurance; and insurance terms such as deductible, stop-loss, elimination period, replacement coverage, liability, and out-of-pocket.
- 9. Buying, selling, and renting advantages and disadvantages relating to real estate, including adjustable rate, balloon, conventional, government-backed, reverse, and seller-financed mortgages.
- (2) One-half unit of personal finance literacy may count as one-half unit of social studies in meeting the requirements of paragraph 12.5(5)"b," though the teacher providing personal finance literacy coursework that counts as one-half unit of social studies need not hold a social studies endorsement.
- (3) Units of coursework that meet the requirements of any combination of coursework required under paragraph 12.5(5)"b,""c," or "h" and incorporate the curriculum required under subparagraph 12.5(5)"k"(1) shall be deemed to satisfy the offer-and-teach requirements of this paragraph, and a student who completes such united shall be deemed to have met the graduation requirements of this paragraph.

Requirement	Required Without Exemption?
j. Computer Science (one-half unit). Commencing with the school year beginning July 1, 2022, the one-half computer science shall incorporate the standards established under rule 281-12.11(256) and may be of online in accordance with 281-Chapter 15.	
<b>12.5(19)</b> Physical activity requirement. Subject to the provisions of subrule 12.5(6), physically able pupils in kinder through grade 5 shall engage in physical activity for a minimum of 30 minutes each school day. Subject to the provisions 12.5(6), physically able pupils in grades 6-12 shall engage in physical activity for a minimum of 120 minute week in which there are at least five days of school.	visions of
<ul> <li>a) This requirement may be met by pupils in grades 6through 12 by participation in the following activities included to:</li> <li>(1) Interscholastic athletics sponsored by the Iowa High School Athletic Association or Iowa Girls High School Athletic Union;</li> <li>(2) School-sponsored marching band, show choir, dance, drill, cheer, or similar activities;</li> <li>(3) Nonschool gymnastics, dance, team sports, individual sports; or</li> <li>(4) Similar endeavors that involve movement, manipulation, or exertion of the body.</li> </ul>	
<ul> <li>b) When the requirement is to be met in full or in part by a pupil using one or more non-school activities, the school district shall enter into a written agreement with the pupil. The agreement shall state the nature of the and the starting and ending dates of the activity and shall provide sufficient information about the duration the activity each week. The agreement shall also be signed by the school principal or principal's designee least one parent or guardian of the pupil if the pupil is a minor. The pupil shall sign the agreement, regardle age of the pupil. The agreement shall be effective for no longer than one school year. There is no limit to the of agreements that a school or school district may have with any one pupil during the enrollment of the pupil in no event may a school or school district reduce the regular instructional time, as defined by "unit" in substant 12.5(14), for any pupil to enable the pupil to meet the physical activity requirement. However, this requirement be met by physical education classes, activities at recess or during class time, and before-or after-school at Schools and school districts must provide documentation that pupils are being provided with the support to the physical activity requirement. This documentation may be provided through printed schedules, district patudent handbooks, and similar means.</li> </ul>	ne activity of time of and by at ess of the ne number oil. rule nent may activities. o complete

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12.5(20) Cardiopulmonary resuscitation course completion requirement. Subject to the provisions of subrule 12.5(6), at any time prior to the end of twelfth grade, every pupil physically able to do so shall have completed a psychomotor course that leads to certification in cardiopulmonary resuscitation. A school or school district administrator may waive this requirement for any pupil. Who is not physically able to complete the course. A course that leads to certification in CPR may be taught during the school day by either a school or school district employee or by a volunteer, as long as the person is certified to teach a course that leads certification in CPR. In addition, a school or school district shall accept certification from any nationally recognized course in cardiopulmonary resuscitation as evidence that this requirement has been met by a pupil. A school or school district shall not accept auditing of a CPR course, nor a course in infant CPR only. The subrule is effective for the graduating class of 2011-2012.	Districts: Yes.  Nonpublics: Yes.
12.5(12) Provisions for gifted and talented students. Each school district shall incorporate gifted and talented programming into its comprehensive school improvement plan as required by Iowa Code section 257.43. The comprehensive school improvement plan shall include the following gifted and talented program provisions: valid and systematic procedures, including multiple selection criteria for identifying gifted and talented students from the total student population; goals and performance measures; a qualitatively differentiated program to meet the students' cognitive and affective needs; staffing provisions; an in-service design; a budget; and qualifications of personnel administering the program. Each school district shall review and evaluate its gifted and talented programming. This subrule does not apply to accredited nonpublic schools.	Districts: Yes.  Nonpublics: No.
12.5(13) Provisions for at-risk students. Each school district shall make provisions for meeting the needs of at-risk students: valid and systematic procedures and criteria to identify at-risk students throughout the school district's school-age population, determination of appropriate ongoing educational strategies for alternative options, education programs as required in Iowa Code section 280.19A, and review and evaluation of the effectiveness of provisions for at-risk students. This subrule does not apply to accredited nonpublic schools.  Provisions for at-risk students shall align with the student learning goals and content standards established by the school district or by school districts participating in a consortium. The comprehensive school improvement plan shall also include objective activities, cooperative arrangements with other service agencies and service groups, and strategies for parental involvement to meet the needs of at-risk children.	Districts: Yes. Nonpublics: No.
12.5(7) Minimum school calendar; set by annual hours or days of instruction. The board of directors of a school district and the authorities in charge of an accredited nonpublic school shall a school calendar that sets the number of days or hours of required attendance for student instruction, staff development and in-service time, and time for parent-teacher conferences. Prior to adopting the school calendar, the board of directors of a school district shall hold a public hearing on any proposed school calendar. The board and authorities in charge of an accredited nonpublic school shall notify the department annually of their decision to have a calendar based on days or based on hours. The length of the school calendar does not dictate	Districts: Yes. Nonpublics: Yes.

### Requirement

# Required Without Exemption?

The length of contract hours or days of employment for instructional and noninstructional staff. Time recorded under either a days or hours calendar system may include passing time between classes but shall exclude lunch period. Time spent on parent-teacher conferences shall be considered instructional time. The school calendar may be operated any time during the school year of July 1 to June 30 as defined by Iowa Code section 279.10 as amended by 2013 Iowa Acts, House File 215, section 81. A minimum of 180 days or 1,080 hours of instruction shall be set in the school calendar, for school districts and accredited nonpublic school beginning no sooner than a day during a day during the calendar week in which the first day of September falls, and shall be used for student instruction. However, if the first day of September falls on a Sunday, school may begin any during the week preceding September 1. These 180 days shall meet the requirement of "day of school" for those district or accredited nonpublic schools that are utilizing a schedule based on days, defined in paragraph 12.1(8)"a," "minimum school day" defined in subrule 12.1(9), and "day or hour of attendance" defined in subrule 12.1(10). (Exception: A school or school district may, by board policy, excuse graduating seniors up to five days or 30 hours of instruction after school or school district requirements for graduation have been met.) If additional days are added to the regular school calendar because of inclement weather, a graduating senior who has met the school district's requirements for graduation may be excused from attendance during the extended school calendar. A school district may begin employment of instructional and noninstructional staff, for in-service training and development purposes, earlier than the first day of school. A school or school district choosing a schedule based on hours shall follow the definition of "hours of school" set forth in paragraph 12.2(8)"b."