

Iowa CACFP Home Sponsor Organizations

* Shared Counties

4 C's of Johnson County

Iowa City 319-338-7684
Cedar, Clinton, Johnson

Charlie Brown

Mason City 641-424-5777
Cerro Gordo, Floyd, Franklin, Hancock, Hardin, Mitchell,
Winnebago, Worth, Wright*

Community Action Agency of Siouxland

Sioux City 712-274-1610
Cherokee, Ida, Plymouth, Woodbury

Exceptional Persons, Inc.

Waterloo 319-233-0804
Black Hawk, Bremer*, Buchanan, Butler, Grundy, Tama*

Friendly House

Davenport 563-323-1821
Scott

Hawkeye Area Community Action Program

Hiawatha 319-739-0596
Benton, Delaware, Dubuque, Iowa, Jackson, Jones, Linn,
Washington

Mid-Iowa Community Action

Ames 641-328-3261
Boone, Calhoun, Greene, Hamilton, Humboldt, Kossuth,
Marshall, Pocahontas*, Story, Tama*, Webster, Wright*,
Jasper*

New Opportunities

Carroll 712-792-9266
Adair*, Audubon, Carroll, Dallas, Guthrie, Madison, Sac,
Warren*

Northeast Iowa Community Action

Decorah 563-382-8436
Allamakee, Bremer*, Chickasaw, Clayton, Fayette, Howard,
Winneshek

Polk Co Community, Family & Youth Services

Des Moines 515-286-3703
Polk

Sieda Community Action

Ottumwa 641-682-8741
Appanoose, Davis, Des Moines, Henry, Jasper* Jefferson,
Keokuk, Lee, Louisa, Lucas, Mahaska, Marion, Monroe,
Muscatine, Poweshiek, Van Buren, Wapello, Warren*,
Wayne

Union County Extension

Creston 641-782-8426
Adair*, Adams, Clark, Decatur, Ringgold, Taylor, Union

Iowa CACFP Home Sponsor Organizations

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Upper Des Moines Opportunity

Graettinger 712-859-3885
Buena Vista, Clay, Dickinson, Emmet, Lyon,
O'Brien, Osceola, Palo Alto, Pocahontas*, Sioux

West Central Community Action

Harlan 712-755-5135
Cass, Crawford, Fremont, Harrison, Mills, Monona,
Montgomery, Page, Pottawattamie, Shelby



Department of Education

Nondiscrimination Policies

USDA Nondiscrimination Statement:

USDA is an equal opportunity provider.

Iowa Nondiscrimination Statement:

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Des Moines, IA
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(515) 681-2306
Website: <https://educate.iowa.gov/>

Overview of the CACFP

The Child and Adult Care Food Program (CACFP) provides reimbursement for nutritious meals and snacks served to children and functionally impaired adults in child care homes. CACFP is a federally funded program by the United States Department of Agriculture (USDA).

CACFP Goals

- Assure well balanced, nutritious meals are served to participants in care.
- Provide a subsidy for meals and snacks served to children and adults in care.
- Develop lifelong healthy eating habits.
- Foster lifelong healthy eating and physical activity habits.

CACFP Serves:

- Children age 0-12 years in child care homes.
- Children of migrant workers, through age 15.
- Disabled persons of any age, receiving care in a child care home where most children are preschool age or younger.

Home Provider Eligibility

To be eligible for CACFP participation in Iowa, a provider must have a current Iowa Department of Health and Human Services (Iowa HHS) Child Development Registration (A, B, C1, C2),

OR

be approved by Iowa HHS as a Child Care Home (with a Child Care Assistance Provider Agreement) and have an Iowa HHS Health, Safety, and Fire inspection.

Home Provider CACFP Participation

Eligible home providers must be sponsored by an Iowa Home Sponsor Organization. Home Sponsors are responsible for outreach activities, pre-approval visits to explain CACFP requirements, onsite monitoring, providing in-home nutrition related activities for providers and/or children during reviews, reviewing provider CACFP records and claims prior to submission to the Iowa Department of Education, paying reimbursement to providers, offering CACFP related trainings and providing technical assistance to providers.

How to Apply for CACFP Participation

1. Contact the Home Sponsor for your county.
2. Request to schedule a pre-approval visit.
3. Become familiar with the CACFP requirements.
4. Start keeping records.
5. Submit a signed Provider - Sponsor Agreement.

Recordkeeping Requirements

Monthly CACFP records are submitted to the Home Sponsor. The Sponsor is responsible for reviewing the records and determining the amount of earned reimbursement. The following records are required for reimbursement:

- Child Enrollment
- Daily Meal Participation
- Daily Attendance
- Menus
- Infant Menus (if children under age 1 are enrolled for care)

Providers are responsible for maintaining accurate CACFP records. Providers must complete required CACFP records by the end of each child care business day.

CACFP Meal Reimbursement Rates

Rates effective July 1, 2024 to June 30, 2025.
Rates are adjusted annually on July 1.

Meals	Tier 1	Tier 2
Breakfast	1.66	0.60
Lunch and Supper	3.15	1.90
Snacks	.93	.26

Program Nutrition Requirements

CACFP meals must include required food components in required amounts. Providers must serve meals that fulfill the USDA meal pattern for the age group(s) served.

Infant Meal Patterns

Birth through 5 months

Breastmilk or formula for all meals and snacks

6 through 11 months

Breastmilk or formula for all meals and snacks

Breakfast, Lunch/Supper

Infant cereal and/or Meat/meat alternate
Vegetables and/or fruits

Snacks

Bread, crackers, infant cereal, or ready-to-eat
breakfast cereal
Vegetables and/or fruits

Child Meal Patterns (Ages one and over)

Breakfast

(3 Components)
Milk
Fruit/Vegetable
Grain or
Meat/Meat Alt

Lunch/Supper

(5 Components)
Milk
1 Veg & 1 Frt or 2 Veg
Grain
Meat/Meat Alt.

Snacks

(2 of 5 Components)
Milk
Fruit &/or Veg
Grain
Meat/Meat Alt.

One year olds must be served whole milk. Skim or 1% milk must be served to participants over two years of age. Adults in care follow a separate meal pattern.

Estimating Your Reimbursement

Providers may be reimbursed for two meals and one snack or one meal and two snacks per participant each day. Allowable meals to be reimbursed include breakfast, lunch, morning and afternoon snack, supper and evening snack.

