Iowa CACFP Home Sponsor Organizations

* Shared Counties

4 C's of Johnson County
Iowa City 319-338-7684
Cedar, Clinton, Johnson

Charlie Brown
Mason City 641-424-5777
Cerro Gordo, Floyd, Franklin, Hancock, Hardin, Mitchell, Winnebago, Worth, Wright*

Community Action Agency of Siouxland
Sioux City 712-274-1610
Cherokee, Ida, Lyon, Osceola, Sioux, Plymouth, Woodbury

Exceptional Persons, Inc.
Waterloo 319-233-0804
Black Hawk, Bremer*, Buchanan, Butler, Grundy, Tama*

Friendly House
Davenport 563-323-1821
Scott

Hawkeye Area Community Action Program
Hiawatha 319-739-0596
Benton, Delaware, Dubuque, Iowa, Jackson, Jones, Linn, Washington

Mid-Iowa Community Action
Ames 641-328-3261
Boone, Calhoun, Clay, Dickenson, Emmet, Greene, Hamilton, Humboldt, Kossuth, Marshall, Palo Alto, Pocahontas, Story, Tama*, Webster, Wright*, Jasper*

New Opportunities
Carroll 712-792-9266
Adair, Adams, Audubon, Buena Vista, Carroll, Dallas, Guthrie, Madison, O'Brien, Sac, Union, Warren*

Northeast Iowa Community Action
Decorah 563-382-8436
Allamakee, Bremer*, Chickasaw, Clayton, Fayette, Howard, Winneshiek

Polk Co Community, Family & Youth Services
Des Moines 515-286-3703
Polk

Sieda Community Action
Ottumwa 641-682-8741
Appanoose, Clarke, Davis, Decatur, Des Moines, Henry, Jasper* Jefferson, Keokuk, Lee. Louisa, Lucas, Mahaska, Marion, Monroe, Muscatine, Poweshiek, Ringgold, Taylor, Van Buren, Wapello, Warren*, Wayne

Iowa CACFP Home Sponsor Organizations (con't)

* Shared Counties

West Central Community Action
Harlan 712-755-5135
Cass, Crawford, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby

IOWA | Department of Education

Nondiscrimination Policies

USDA Nondiscrimination Statement:
USDA is an equal opportunity provider.

Iowa Nondiscrimination Statement: It is the policy of the Department of Education not to discriminate on the basis of race, creed, color, sex, sexual orientation, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, contact the Iowa Civil Rights Commission, 6200 Park Ave, Suite 100, Des Moines, IA 50321; phone number 515-281-4121 or 800-457-4416; website: https://icrc.iowa.gov/.

Revised 10/1/2026

CHILD & ADULT CARE FOOD PROGRAM



Iowa Department of Education
Bureau of Nutrition and Health Services
400 E 14th St
Grimes State Office Building
Des Moines, IA
50319-0146
(515) 681-2306
Website: https://educate.iowa.gov/

Overview of the CACFP

The Child and Adult Care Food Program (CACFP) provides reimbursement for nutritious meals and snacks served to children and functionally impaired adults in child care homes. CACFP is a federally funded program by the United States Department of Agriculture (USDA).

CACFP Goals

- Assure well balanced, nutritious meals are served to participants in care.
- Provide a subsidy for meals and snacks served to children and adults in care.
- Develop lifelong healthy eating habits.
- Foster lifelong healthy eating and physical activity habits.

CACFP Serves:

- Children age 0-12 years in child care homes.
- Children of migrant workers, through age 15.
- Functionally impaired disabled persons, of any age, receiving care in a child care home where most children are preschool age or younger.

Home Provider Eligibility

To be eligible for CACFP participation in Iowa, a provider must have a current Iowa Department of Human Services (DHS) Child Development Registration (A, B, C1, C2),

OR

be approved by Iowa DHS as a Child Care Home (with a Child Care Assistance Provider Agreement) and have a DHS Health, Safety, and Fire inspection.

Home Provider CACFP Participation

Eligible home providers must be sponsored by an Iowa Home Sponsor Organization. Home Sponsors are responsible for outreach activities, pre-approval visits to explain CACFP requirements, onsite monitoring, providing in-home nutrition related activities for providers and/or children during reviews, reviewing provider CACFP records and claims prior to submission to the Iowa Department of Education, paying reimbursement to providers, offering CACFP related trainings, and providing technical assistance to providers.

How to Apply for CACFP Participation

1. Contact the Home Sponsor for your county.
2. Request to schedule a pre-approval visit.
3. Become familiar with the CACFP requirements.
4. Start keeping records.
5. Submit a signed Provider - Sponsor Agreement.

Recordkeeping Requirements

Monthly CACFP records are submitted to the Home Sponsor. The Sponsor is responsible for reviewing the records and determining the amount of earned reimbursement. The following records are required for reimbursement:

- Child Enrollment
- Daily Meal Participation
- Daily Attendance
- Menus
- Infant Menus (if children under age 1 are enrolled for care)

Providers are responsible for maintaining accurate CACFP records. Providers must complete required CACFP records by the end of each child care business day.

CACFP Meal Reimbursement Rates

Rates effective July 1, 2026 to June 30, 2027.
Rates are adjusted annually on July 1.

Meal Type	Tier 1	Tier 2
All Breakfasts	1.74	0.62
All Lunch and Suppers	3.31	1.99
All A.M. or P.M. Supplements	.98	.27

Note: A separate value for cash- in-lieu of commodities is not paid for lunches and suppers served in Child Care Homes.

Program Nutrition Requirements

CACFP meals must include required food components in required amounts. Providers must serve meals that fulfill the USDA meal pattern for the age group(s) served.

Infant Meal Patterns

Birth through 5 months
Breastmilk or formula for all meals and snacks

6 through 11 months
Breastmilk or formula for all meals and snacks

Breakfast, Lunch/Supper
Infant cereal and/or Meat/meat alternate
Vegetables and/or fruits

Snacks
Bread, crackers, infant cereal, or ready-to-eat breakfast cereal
Vegetables and/or fruits

Child Meal Patterns (Ages one and over)

Breakfast	Lunch/Supper	Snacks
(3 Components)	(5 Components)	(2 of 5 Components)
Milk	Milk	Milk
Fruit/Vegetable	1 Veg &1 Frt or 2 Veg	Fruit &/or Veg
Grain or	Grain	Grain
Meat/Meat Alt	Meat/Meat Alt.	Meat/Meat Alt.

One year olds must be served whole milk. Skim or 1% milk must be served to participants over two years of age. Adults in care follow a separate meal pattern.

Estimating Your Reimbursement

Providers may be reimbursed for two meals and one snack or one meal and two snacks per participant each day. Allowable meals to be reimbursed include breakfast, lunch, morning and afternoon snack, supper, and evening snack.

