

Smart Snack Information for FCS Educators and Other School Groups

1. What are Smart Snacks?

Smart Snacks are a federal requirement for any food or beverage sold to students at school during the school day, other than those foods provided as part of the school meal programs. The school day is defined as the midnight before, to 30 minutes after the end of the school day. Some examples include à la carte items sold in the cafeteria, items sold in school stores, snack bars and vending machines. This also includes foods and beverages sold during fundraisers, unless these items are not intended for consumption at school.

2. How does this affect fundraisers or vending machines operated by school groups outside of the nutrition department?

During the school day, any food or beverage sold to students must meet the federal regulations for Smart Snacks, no matter who is selling the items.

3. What can school groups sell to students during the school day?

Foods and beverages that meet the Smart Snacks standards can be sold at any time. Organizations planning fundraisers should work with school administration before initiating a fundraiser to ensure compliance with Smart Snacks Standards, the Local Wellness Policy and any other local policies.

4. What if the food and beverages to be sold do not meet the standards?

Then the items cannot be sold to students on campus during the school day. The standards do not apply during evening events that take place >30 minutes after the school day ends, weekends, off-campus fundraising events or areas students do not have access to (ex: teacher's lounge).

5. Does this mean no more frozen pizza sales or cookie dough?

Sale of pre-ordered items such as pizza and cookie dough, are intended for consumption outside of the school and are therefore allowed to be sold during the school day. Students can take orders for these types of items and deliver them during the school day.

6. What about “from scratch” items?

If your item doesn't have a nutrition label because it is made from scratch, you may need to calculate the nutrition information. Your school nutrition program may already use a [nutrient](#)

[analysis software](#) approved by the U.S. Department of Agriculture (USDA) that can be used to evaluate recipes.

7. What foods and beverages can school groups sell to students through fundraisers, school stores and vending machines during the school day?

Contact the Food Service Director for ideas of food and beverage items to sell. Foodservice has access to a variety of products that meet the Smart Snack standards that are not sold in grocery stores or wholesale club stores.

This institution is an equal opportunity provider.

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