# Waukee Community Schools 2015-2016 Elementary School Cycle Menu 

Breakfast: Student \$1.70
Adult $\$ 2.00$

Lunch: Student \$2.55
Adult \$3.45



## Monday Tuesday Wednesday <br> Thursday <br> Friday

| Donut | Breakfast Pizza |
| :---: | :---: |
| Fruit \& Milk | Fruit \& Milk |
|  |  |

Bacon Extravaganza* or
Scrambled Eggs
Toast
Fruit \& Milk

## Tasty Traditions

| - Walking Taco Doritos ${ }^{\text {® }}$ | -Pepperoni French Bread* | -Tyson ${ }^{\circledR}$ Chicken Nuggets -Turkey \& Cheese |
| :---: | :---: | :---: |
| - Ham* Sandwich | -Sun Butter/Jelly | Sandwich |
| Refried Beans | Sandwich | Mashed Potatoes \& Gravy |
| Taco Fixings | Steamed Green Beans | Cherry Tomatoes |
| Applesauce | Romaine Salad Pineapple | Pears |

Kydz-ables

| Cheese Cubes | Cheese Cubes |
| :---: | :---: |
| Trix ${ }^{\circledR}$ Yogurt | Trix ${ }^{\circledR}$ Yogurt |
| Cucumber | Cherry Tomatoes |
| Banana | Peas |
| Dinner Roll | Applesauce Cup |
|  | Saltine Crackers |

Cheese Cubes Trix ${ }^{\circledR}$ Yogurt Broccoli Sliced Red Peppers Orange Slices Saltine Crackers Dinner Roll

## Warrior Salads

| Ham* | Shredded Cheese |
| :---: | :---: |
| Romaine Lettuce |  |
| Romaltuce | Black Beans |
| Celery | Corn |
| Cauliflower | Applesauce Cup |
| Apple Slices | Frito Chips |
| Dinner Roll |  |
| Saltine Crackers | $*$ may contain pork |

Turkey \& Cheese<br>Romaine Lettuce Baby Carrots Cucumbers Banana Dinner Roll



| •Hamburger or |  |
| :---: | :---: |
| Cheeseburger | Sausage Links |
| - Turkey \& Cheese | -Sun Butter/Jelly |
| Sandwich | Sandwich |
| Sandwich Fixings | Sweet Potato Coins |
| French Fries | Celery Sticks |
| Baby Carrots | Orange Juice Cup |
| Mixed Fruit |  |

## Cheese Cubes

Trix ${ }^{\circledR}$ Yogurt Celery
Apple Slices
Dinner Roll

## - Entrée Choice

Milk is offered with each meal
Menu subject to change without notice

To make a $\$ 2.55$ meal, students must choose at least three of the five meal components offered daily (milk, fruit, vegetable, grain, protein), with one component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above.

# Waukee Community Schools 2015-2016 Elementary School Cycle Menu 

Breakfast: Student \$1.70
Adult \$2.00

| MARCH |  |  |  |  |  |  | April |  |  |  |  |  |  | May |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 28 | 29 | 1 | 2 | 3 | 4 | 5 | 27 | 28 | 29 | 30 | 31 | 1 | 2 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 29 | 30 | 31 | 1 | 2 | 3 | 4 |
| No School ${ }^{\text {E }}$ Early Out |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Scho |  |  | arly 0 |  |

Lunch: Student \$2.55
Adult \$3.45

| Monday | Tuesday | Wednesday <br> Breakfast | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Egg \& Chese Sandwich <br> Fruit \& Milk | Breakfast Pizaa <br> Fruit \& Milk | Chese omelet \& Toast <br> Fruit \& Milk | Cinnamon Roll <br> Fruit \& Milk | Min Pancakes <br> Fruit \& Milk |

\author{

- Ballpark ${ }^{\circledR}$ Hot Dog* <br> -Turkey \& Cheese Sandwich <br> Romaine Salad Baked Beans <br> Mandarin Oranges Carnival Cookie
}


Friday

## Tasty Traditions

| •Chicken Strips | $\bullet$ Personal Pan | Sack Lunch |
| :---: | :---: | :---: |
| $\bullet$ Turkey \& Cheese | Cheese Pizza | Sandwich of choice |
| Sandwich | $\bullet$ Sun Butter/Jelly | Turkey, Ham, |
| Mashed Potatoes \& Gravy | Sandwich | Sun-butter |
| Cherry Tomatoes | Steamed Carrots | Baby Carrots |
| Banana | Romaine Salad | Apple slices |
|  | Diced pears | Fresh Baked Cookie |

## Kydz-ables

Cheese Cubes
Trix ${ }^{\circledR}$ Yogurt
Celery
Apple Slices
Dinner Roll

> Cheese Cubes Trix ${ }^{\circledR}$ Yogurt Baby Carrots Hummus Strawberry Cup Wheat Thin Crackers

Cheese Cubes
Trix ${ }^{\circledR}$ Yogurt
Cherry Tomatoes
Peas
Applesauce Cup
Saltine Crackers

## Salads

| Ham* | Shredded Cheese |
| :---: | :---: |
| Romaine Lettuce | Romaine Lettuce |
| Celery | Black Beans |
| Cauliflower | Corn |
| Apple Slices | Applesauce Cup |
| Dinner Roll | Frito Chips |
| Saltine Crackers |  |

## - Entrée Choice

*may contain pork

## Milk is offered with each meal

[^0]To make a $\$ 2.55$ meal, students must choose at least three of the five meal components offered daily (milk, fruit, vegetable, grain, protein), with one component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above.

| Turkey \& Cheese | Egg |
| :---: | :---: |
| Romaine Lettuce | Romaine Lettuce |
| Baby Carrots | Cherry Tomatoes |
| Cucumbers | Peas |
| Banana | Strawberry Cup |
| Dinner Roll | Dinner Roll |


[^0]:    Menu subject to change without notice

