



Smart Snacks Product Calculator Results

Brand:
Oatmeal Chocolate Chip Cookie

Product Name:
Oatmeal Chocolate Chips Cookie

Serving Size:
70.88 g

First Ingredient:
Oatmeal

Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 2.5 oz (about 70.88 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 125

Calories from Fat 45

Total Fat (g) 4

Saturated Fat (g) 1

Trans Fat (g) 0

Sodium (mg) 102

Carbohydrates

Sugars (g) 11

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

START OVER

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