

Nutrition Statewide Articulation

PROCEDURE

The student *will* submit the competency certificate to the community college hospitality/culinary department or designated representative for enrollment and placement during the admission process. To officially obtain advanced standing status, the student: must be admitted to one of the identified community colleges and enrolled in a hospitality/culinary program of study within one academic year of graduation from high school; receive a minimum of an 80% in the equivalent high school course (s); and have the signed certificate from the high school. Transferability of this course to a four-year institution will be determined by the receiving institution.

STATEWIDE ARTICULATION NUTRITION COMPETENCIES:

The student will be expected to complete the following competencies:

1. Explain what constitutes good nutrition.
2. Classify nutrients.
3. Explain the USDA **MyPlate** guidelines.
4. Summarize the characteristics of carbohydrates.
5. Summarize the characteristics of protein.
6. Summarize the characteristics of fat.
7. Discuss vitamins, minerals, and water.
8. Summarize digestion and absorption.
9. Explain specific health conditions which relate to diseases.
10. Analyze nutritional labeling.
11. Evaluate diets and menus.

Performance Level: A performance level of 80% is recommended.

Timeline to Articulate: Enrollment in an applicable postsecondary program must occur within one academic year of graduation from high school.

Secondary Procedure: The secondary Family and Consumer Sciences instructor shall complete and sign the nutrition certificate as well as obtain the principal's signature and present to the student at the completion of the course (s).

Postsecondary Procedure: The student must submit the certificate to the postsecondary program department or an enrollment officer during the admission process.

Transcript Recording: Time of certificate recording on transcript will depend on the established policy of the receiving institution.

Baccalaureate Implications: Transferability of this course to a four-year institution will be determined by the receiving institution.