

Stories in Motion

In-Class Activity Breaks

Continue each bulleted activity or set of activities for 15-30 seconds.

Working in the Garden

- Put your gloves on! We've got lots of work to do in the garden today. First, we need to rake the dirt to make sure the ground is ready for planting.
- Next, we have to dig holes for our tomato plants. Hold your shovel, push down into the ground, and throw the dirt off to the side. Keep it up!
- Now, crouch down and set all of the tomato plants into the holes.
- Pick up the shovel again! We need to scoop some dirt and spread it around the bottom of each tomato plant. Make sure you fill every hole!
- Great job! Now, squat down and pat the dirt with your hands.
- Since we are finished planting tomatoes, we should pick those weeds trying to grow. Stay near the ground and pull as many as you can.
- We don't want any wildlife eating our plants, so let's build a fence. Pick up the stakes one at a time, pound each stake into the ground with a hammer. Make sure to use all of your muscles!
- Then, wrap the fencing wire around the stakes to make a square around our plants. Just be careful not to trap yourself inside the fence! Good work.
- We are almost done. Grab the watering can and pour some water on all of the tomato plants.
- That was hard work! Reach up to the apple tree and find a good looking apple to have as a treat.