

# Stories in Motion

## In-Class Activity Breaks

Continue each bulleted activity or set of activities for 15-30 seconds.

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### Planes, Trains, and Automobiles

- It's a great day of travel ahead. We've been learning about fun ways to travel and now we get to go see some sights too! Let's climb on the bus for a short ride to the train station.
- "All aboard!" The driver calls as we pull up. Quickly we run to the train wanting seats on the caboose. He lets us pull the whistle which hangs from the ceiling. Chug, chug, chug the train slowly starts crawling forward. We move faster and faster and faster and Toot! Toot!
- The train slowly climbs up the mountain side, we lean back in our seats. The higher we get, there is snow on the ground. At the top, the train stops and we jump out. The snow is deep, and we take giant steps to get through snow drifts. Snow skiers shoot down the hill, leaning to one side and then the next. They all have poles out at their sides to guide them.
- It's chilly. We all shiver and head back to the train. On the way down the mountain, we lean back again in our seats as the train rushes down. A helicopter is waiting for us. We watch the blades spin and spin. We load up and fly along the river. It's beautiful to see far below.
- We land next to the river, jump out of the helicopter and see our next form of transportation – row boats! We put on the life jackets and away we go. We row, row, row our boats right down the river. HONK! HONK! That's our ride! The bus is here to take us home!