Stories in Notion In-Class Activity Breaks

Continue each bulleted activity or set of activities for 15-30 seconds.

Our New Puppy

- My family was so excited to get a new puppy. We <u>walked</u> to the pet store to pick out our new pet!
- We found the puppy we wanted in a kennel with his brothers and sisters. He was
 jumping as high as he could to get out. We bent over to pick him up and walked back
 home.
- This puppy has lots of energy and wants to go for long <u>walks</u> at night. I <u>walk</u> a block and then <u>run</u> a block to get him more exercise. It is good for me and my family too!
- After school every day, I play Frisbee with the puppy. I <u>throw</u> it as far as I can. He never gives up. He <u>runs</u> and jumps to make a good catch every time. He has learned to bring the Frisbee back which is a lot less <u>running</u> for me!
- One night on our walk, he saw another dog and he <u>ran</u> fast pulling the leash out my hand. I chased him for blocks, but he kept <u>running</u> after the other dog. He cut through a yard where I had to jump a fence and then <u>duck</u> under a clothes line and kept <u>running</u>. He squeezed under a fence and I had to <u>crawl</u> under too.
- The puppy ran through my neighbor's freshly planted garden where I <u>hopped</u> over and <u>skipped</u> through the new plants. He finally started to head home and then <u>ran</u> right into his dog house. He knew I was not happy!
- Puppies are a lot of work, but can be a lot of fun!

TEAM NUTRITION