# Iowa Department of EducationAthletic Coach Worksheet

Endorsement 101: K-12 Athletic Coach.

An applicant for the coaching endorsement will hold a teaching license with a teaching endorsement and complete the following requirements:

One semester hour in the structure and function of the human body in relation to physical activity

| **Course #** | **Course Title** | **Institution** | **Semester Hours** | **Year Completed** |
| --- | --- | --- | --- | --- |
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|  |  |  |  |  |

One semester hour in human growth and development of children and youth as related to physical activity

| **Course #** | **Course Title** | **Institution** | **Semester Hours** | **Year Completed** |
| --- | --- | --- | --- | --- |
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Two semester hours in athletic conditioning, care and prevention of injuries and first aid as related to physical activity

| **Course #** | **Course Title** | **Institution** | **Semester Hours** | **Year Completed** |
| --- | --- | --- | --- | --- |
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One semester hour in the theory of coaching interscholastic athletics

| **Course #** | **Course Title** | **Institution** | **Semester Hours** | **Year Completed** |
| --- | --- | --- | --- | --- |
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Concussion training approved by the Iowa High School Athletic Association or Iowa Girls High School Athletic Union

A current certificate of CPR training from an approved provider.

21.3(1) Adding an endorsement. To add an endorsement to an existing license, the applicant will follow one of these options:

a. Option 1. Receive the Iowa education institution’s recommendation that the current approved program requirements or state minimum requirements for the endorsement have been met.

b. Option 2. Apply for a review of transcripts, out-of-state licensure, or approved assessment score reports by the board of educational examiners’ staff to determine whether Iowa requirements have been met. Applicants will have achieved a C- grade or higher in the courses that will be considered for an endorsement. The methods course can be waived if the practitioner holds an endorsement in the same content area at a different level and teaches in the new content area successfully while holding a Class B license.